

OUR MISSION

The purpose of our clinic is to develop local goal keepers who have the desire to advance their skills and knowledge of the position.

Whether you are new to the sport and would like to experince the thrill of making that first saves, or a current keeper who wants to play at the next level, this camp is for you!

The clinic is designed to provide:

- ✓ *Overall understanding of the position.*
- ✓ *Drills to support continuous improvement after the camp.*
- ✓ *Improved communication skills to effectively quarterback the defense.*
- ✓ *Fun and safe environment.*

Learn the necessary skills set to become a Rising Star Goalie!

Directions to Wildwood Sports Park

From Pittsburgh: Take 279 north to McKnight Rd. Go through business area look for T.G. I. Fridays on right side. Stay on McKnight Rd. through next light. Approximately 1/2 mile after light, you will see a big sign saying "**North Park next right**" (you will also see a sign saying **Yellow belt**). Make that right. Stay on Yellow belt through North Park. You will go through 3 lights. From the time you get off McKnight Rd. Wildwood Sports Park is 3 miles on right side, on Yellow belt/Wildwood Road.

From Erie I-79 South bound: Take the Mt. Nebo exit 68 (**Yellow belt** old exit 20) make left up hill (watch for Yellow Belt road signs throughout route, some turns are extreme within the first few miles). Stay on Yellow belt through North Park to Wildwood Road (Yellow belt turns into Wildwood Road). Wildwood Sports Park is on the right approximately 1 mile from North Park.

From Washington County I-79 North bound: Take the Mt. Nebo exit 68 (**Yellow belt** old exit 20) make right up hill (watch for Yellow Belt road signs throughout route, some turns are extreme within the first few miles). Stay on Yellow belt through North Park to Wildwood Road (Yellow belt turns into Wildwood Road). Wildwood Sports Park is on right approximately 1 mile from North Park.

From Pa Turnpike: Exit 39 Take route 8 (towards Butler) immediately upon entering Route 8 merge in left hand lane to make immediate left at first traffic light onto West Hardies Road. Follow approximately 2 miles to traffic light. Make right on Wildwood Road, Wildwood Sports Park is approx.. 1/2 mile on left.

RISING STARS GOALIE CLINIC



Pre-Season Tune-up for local Keepers!

Boys and Girls

Grades 1-12th

DATE: JAN 08, 2011

Goalie Instructors

Ryan Mayeda

Goalie for Dowling College, Long Island NY, DII NCAA #2 ranked in 2010 and 9th in 2009. Career 61% save percentage in 2 years. Graduated from Seneca Valley in 2008 and was a three year starter, led Seneca to WPIAL DI North Section title and WPIAL Championship game. A 4 time Bill Pilat Goalie School instructor!

Duane Mayeda

Seneca Valley Girls Varsity Assistant and goalie lacrosse coach. Has been involved with the girls program the last five years and have instructed four All WPIAL goalies. Currently instructs boys youth and MS Keepers, and on individual basis.

Corey Struss

Was the goalie for DII NCAA Seton Hill University, Greensburg PA. Corey was a starter since sophomore year for the Griffins and was named Seton Hill's 2009 Defensive Player of the Year. Graduated from North Hill in 2007, was a 2-time WPSLA DII North Section, First Team All League .

Details

Clinic Cost: \$100 per person

- *Instruction*
- *Pittsburgh Lacrosse Store Discount Card*

Application/Payment Deadline: Jan 5, 2011

Clinic Date: January 8th, 2011

Time: 8:00 am to 1:00 pm

Location: Wildwood Sports Park

What to bring:

- ✓ *Goalie stick*
- ✓ *Hemet with throat protector (required)*
- ✓ *Chest protector*
- ✓ *Lacrosse gloves*
- ✓ *Drinks and Snacks*
- ✓ *Money, lax supplies will be available!*
- ✓ *Good attitude!*

Mail Application and Payment to:

Rising Star Goalie Clinic

c/o D. Mayeda

119 Glenbrook Dr

Cranberry TWP PA 16066

Make check payable to Ryan Mayeda

For Information and Questions:

Email: risingstarsgoaliecamp@gmail.com

Phone (724) 272-8044

Application and Waiver

Name:

Address:

City: State:

Age: Years Played:

USLacrosse No.

Email:

Emergency Contact: Relationship:

Home: Cell:

Insurance Carrier and Policy No:

WAIVER: I agree to allow my child/ward to participate in the Rising Star Goalie Clinic and affirm that my child's/ward's participation is completely voluntary. I understand that there are risks inherent in the activities my child/ward will engage in at the Rising Star Goalie Clinic, which may cause serious injury and even death. I also understand that, despite safety cautions, Rising Star Goalie Clinic cannot guarantee that my child/ward will not be injured. My child/ward and I are willing to assume this risk. To minimize the risk, I have instructed my child/ward to

obey all rules, regulations and instructions of the staff of the Rising Star Goalie Clinic. I acknowledge that Rising Star Goalie Clinic can only accept responsibility for its own negligence or intentionally wrongful acts in connection with my child's/ward's participation in the Rising Star Goalie Clinic, and hereby release and hold harmless Rising Star Goalie Clinic. I acknowledge and I have read and understood this form and that the terms herein are contractual and not a mere recital.

Parent/Guardian signature and date